

Upper Transpalatal Appliance

This appliance is used to rotate the molars or to keep them stationary.



Problems:

Difficulty in speech may be experienced during the first few days of treatment with this appliance. You may also experience some general soreness within the first week, Tylenol or Advil can be taken as needed for pain management. The bands which are bonded to the upper molars may irritate the inside of the mouth for the first couple of days. Wax can be placed on the bands to alleviate irritation. You may also experience soreness in your tongue. Gently brush and rinse with warm salt water. An indentation on the tongue is possible, however, if a cut or hard knot should form on the tongue please contact our office immediately.

Appliance Home Care:

Brushing your teeth over and around the appliance and after each meal will dramatically improve oral hygiene. It may be necessary to forcefully swish mouth rinse to remove food from behind the teeth and the appliance. Rinse very well with a fluoride mouth rinse to prevent decalcification around the appliance.

Check:

Check your appliance (*gently*) from time to time to see if it is loose. If the appliance becomes loose please contact the office at your earliest convenience to schedule an appointment. If the seal has been broken between the band and the tooth, this will then allow decalcification and decay to occur under the band after a period of time.